

COMMANDANT'S CUP SAILING REGATTA
19 – 22 AUGUST 2026 AT NAVAL AND MARITIME ACADEMY (NMA)
TRINCOMALEE

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in current Racing Rules of Sailing (RRS 2025- 2028) and these sailing instructions will apply.
- 1.2 If there is a conflict between languages the English text will take precedence.
- 1.3 No national/any other authority prescriptions will apply.
- 1.4 If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will take the precedence as per the Racing Rule No.63.7 (RRS 2025- 2028).

2. NOTICE TO COMPETITORS

Notice to competitors will be posted on the official notice board(s) located at Sailing office.

3. CHANGES TO THE SAILING INSTRUCTIONS

Changes to the sailing instructions if any, will be displayed on the race office notice board(s) before 0900 hrs on the day it will take effect, except that any change to the schedule of the first races of a day will be displayed by 2000 hrs on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signal made ashore will be displayed on the flag mast located at launching site.
- 4.2 When '*Ans. Pennant*' is displayed ashore, '*1 minute*' is replaced with '*Not less than 30 minutes*'.
- 4.3 Boats shall not leave the shore until flag 'D' is displayed at the official signal mast. The *Warning Signal* will be made not less than 30 minutes after flag D is displayed or not before the scheduled time, whichever is later.
- 4.4 No boat shall launch prior to the race committee instructions on the race day. Launching procedure will be discussed at the race committee instructions.

5. RACE COMMITTEE, JURY & PROTEST COMMITTEE

Principal Race Officer	:	Mr. WP Krishan Janaka -YASL
Race Officer	:	Mr. Roshil Nisantha -YASL
On the Water Jury	:	RAdm AMS Senavirathna (Rtd) YASL FCPO PDDS Rajapaksha - SLN Sailing Club
Protest Committee	:	Chairman RAdm Damayantha Dharmasiriwardena (Rtd) -YASL Secretary Mr. SarathKuragama -YASL Member RAdm Senaka Senavirathna (Rtd) - YASL Member Mr.WA Roshil Nisantha -YASL

6. **SCHEDULE**

6.1 The schedule for the event will be as follows.

Date	Time	Schedule
19/08/26	0830 hrs	Registration, Draw of boats and initial address by Technical director
	0930 hrs	Individual Practices
	1700 hrs	Opening Ceremony
20/08/26	0900 hrs	Competitors briefing, following by racing day one back to back 4 races of Cup Championship
21/08/26	0900 hrs	Competitors briefing, following by racing day two back to back 2 races of Cup Championship
	1230hrs	Competitors briefing, following by racing day two back to back 2 races of Open Championship
22/08/26	0900 hrs	Competitors briefing, following by racing day three back to back 3 races of Open Championship
	1600 hrs	Awards ceremony

6.2 Additional races may be scheduled based on the weather condition.

6.3 If scheduled races on 20th August 2026 not be completed said races may conducted on next day at the discretion of the Race Committee.

6.4 The Race Committee briefing will be conducted at the sailing site 45 minute prior to the first race of the each day.

6.5 No more races will be start after 1400 hrs on 22nd August 2026

7. **CLASS FLAGS**

Laser - Class Flag

8. **RACING AREAS**

Dutch Bay at Trincomalee (Opposite to the Dutch Bay Beech)

9. **THE COURSE**

The course will be a Triangle and Sausage followed by windward/ leeward legs. However, the respective course for the day of racing will be displayed on the board at the Race Committee briefing.

10. **MARKERS**

The course markers will be in Orange and Yellow coloured.

11. **ENTRY FEE**

11.1 Cup Championship No Entry Fees

11.2 Open Championship Rs.6000.00 only for affiliated Sailing Club of YASL

12. **BOAT DRAW PROCEDURE**

Will be conducted at the Sailing Club race office at 0830 hrs on 19th August 2026. Boats will be handed over to respective teams in site.

13. THE START

- 13.1 All races will be starts according to the Racing Rule No.26 (RRS 2025- 2028).
- 13.2 The starting line will be between the Orange Flag on the Committee Boat at the Starboard end and the yellow mark at the Port end.
- 13.3 Any boat starting later than 5 minutes after the Starting Signal will be scored/ marked as '*Did Not Start*' without any signal as per the Racing Rule No.A4 and A5 (RRS 2025- 2028).

14. THE FINISH

The finishing line will be between the Blue Flag on the finishing line Committee Boat at the Starboard end the yellow mark at the Port end.

15. TIMELIMITS AND TARGET TIMES

- 15.1 Cup Championship - Boats failing to finish within 10 minutes after the first boat completes the course will be marked as '*Did Not Finish*' without any signal as per the Racing Rule No.35, A4 and A5 (RRS 2025- 2028).
- 15.2 Open Championship - Boats failing to finish within 15 minutes after the first boat completes the course will be marked as '*Did Not Finish*' without any signal as per the Racing Rule No.35, A4 and A5 (RRS 2025- 2028).

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the race office. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 30 minutes after the last boat has finished the last race of the day or the race committee signals '*No more racing today*', (Ans. pennant with Flag 'A') whichever is later.
- 16.3 Decision of the Protest Committee (Jury) will be final as per the Racing Rule No.70.5 (RRS 2025- 2028).

17. SCORING

- 17.1 The point system at Appendix A of RRS 2025 – 2028 will apply.
- 17.2 If 4 races are completed one discard will be allowed. If 3 races or less are completed, no discard is allowed.

18. SAFETY REGULATIONS

- 18.1 Life Jackets must be worn at all times when afloat.
- 18.2 All competitors must hand over their ID card to the Beach Master on each schedule day prior leaving to race.
- 18.3 All competitors must collect their ID card from the Beach Master on each schedule day within the protest time limit on returning ashore.

19. SUPPORT BOATS

No support boats are permitted

20. TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard/ Race Committee boats.

21. BERTHING

When berthed, boats shall be kept in their assigned place in the boat park/ launching point.

22. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23. PRIZES

23.1 Certificates will be awarded for all participants.

23.2 Commandant's Cup Trophy - the lowest scoring team will be the winner. Combined total score will apply. The team must register prior to the Race.

23.3 Open race - Boat Handicap and the Low Point scoring system shall be used as per RRS A4

23.4 Medals and Certificates will be awarded for

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|----|-------------------------------|---|---|
| a. | Cup Championship (Combined) | - | Champions.
Runners up. |
| b. | Cup Championship (Individual) | - | 1 st , 2 nd & 3 rd places. |
| c. | ILCA 4 (Individual) | - | 1 st , 2 nd & 3 rd places. |
| d. | LCA 6 (Individual) | - | 1 st , 2 nd & 3 rd places. |
| e. | ILCA 7 (Individual) | - | 1 st , 2 nd & 3 rd places. |
| f. | Open Championship | - | Champions.
Runners up.
2 nd Runners up. |

24. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk and responsibility. See World Sailing RRS 4, Decision to race. The Organizing Authority, and any other party involved in the organization of the regatta (Naval & Maritime Academy – SLN and Yachting Association of Sri Lanka) will accept no liability whatsoever for any injury, damage, loss of life, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the regatta.